

Many Men, Many Voices (3MV)

A Group-Level Intervention
for Gay Men of Color

Intervention Overview

- 7 Session Group-Level Intervention
- Targets individuals to change behavior
- Facilitated by a Peer in groups of 6-12
- Targets Black MSM who may or may not identify as gay
- Sessions are highly experiential, incorporating group exercises, behavioral skills practice, group discussions, and role plays

Theory and Evidence

- Adapted from Behavioral Self-Management and Assertion Skills Intervention now called Partners in Prevention
- Significantly reduced frequency of anal intercourse among participants
- Significantly increased condom use among participants

Core Elements

- Enhance self-esteem related to racial identity and sexual behavior
- Educate clients about HIV risk and sensitize to personal risk
- Educate clients about interactions between HIV and other STD and sensitize to personal risk
- Develop risk reduction strategies

Core Elements continued...

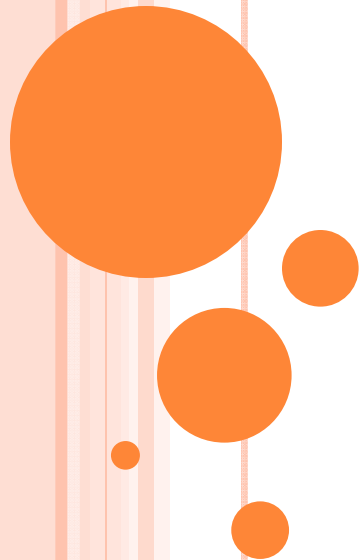
- Build a menu of behavioral options for HIV and other STD risk reduction
- Train in risk-reduction behavioral skills
- Enhance self-efficacy related to behavioral skills
- Train in partner communication and negotiation
- Provide social support and relapse prevention

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- Who we are
- Where we work
- What we do
- Area & Population



PROGRAM STRATEGIES

- Choose the right team
- Supervision meetings
- Communication
- Networking
- Trainings



WHY DID WE CHOOSE THIS INTERVENTION?

The 3MV intervention was chosen to target Black Latino or Hispanic MSM from the North Shore area that are at high risk for HIV and STI.



HOW DO WE RECRUIT PEOPLE FOR THIS INTERVENTION?

- Bar Outreach
- Cruising area
- Street Outreach
- Recruitment events
- Media Campaign



WHAT WERE OUR CHALLENGES AND HOW WE OVERCAME THEM

- Language
- The length of the 3MV
- Retention of participants
- C & T and STI Screening
- Cultural Competence



WHAT WERE OUR SUCCESSSES

- Monthly Workshop
- ILI (Individual Level Intervention)
- Availability for participants
- Setting for the Intervention



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